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Tuesday, November 3, 2015 metro.us | t: MetroPhilly | f: MetroPhilly

THE FAT JEW UNCENSORED

The Instagram star talks making friends with strippers. 15

Mayoral, city council, judges on the ballot. 4

Follow these Insta stars to fall #fitspiration. 22

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EAGLES' BEST SUNDAY EVER

Macnow: The Eagles had a bye week and still managed to have their best Sunday of the season. 24

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TWO VATICAN ARRESTS

1 Two members of a commission Pope Francis set up to study reforms have been arrested on suspicion of leaking confidential documents. Spanish Monsignor Lucio Angel Vallejo Balda, No. 2 at the Vatican's Prefecture for Economic Affairs, and Italian laywoman Francesca Chaouqui, a public relations expert, were arrested over the weekend. REUTERS

NTSB CONFIRMS SHIP

2 The National Transportation Safety Board confirmed on Monday that the wreckage of a large ship found on the ocean bottom off the Bahamas is the lost cargo ship El Faro, which sank with 33 crew members last month. A Navy salvage team has been searching the area for more than a week and will now seek the sunken vessel's voyage data recorder — similar to an airplane's black box — as part of an investigation into its loss, according to the NTSB. REUTERS

NOTRE DAME SEX SUIT

3 A University of Notre Dame student has sued the school, alleging that a former tutor pressured him into having sex with her daughter and also arranged the sexual encounters. The lawsuit alleges that the tutor provided the student with condoms, hotel rooms and transport across state lines for liaisons with her daughter. REUTERS

PRESIDENT OBAMA IN NEW JERSEY

7 President Barack Obama greets well-wishers upon arrival at Newark Liberty International Airport in Newark, New Jersey on Monday.

ALL PHOTOS GETTY IMAGES

NAVY ADDS PATROLS

4 The U.S. Navy plans to conduct patrols within 12 nautical miles of artificial islands in the South China Sea about twice a quarter. "We're going to come down to about twice a quarter or a little more than that," a Navy official said. "That's the right amount to make it regular, but not a constant poke in the eye." REUTERS

MUSIC FESTIVAL ARRESTS

5 Police in Southern California arrested hundreds of people over the weekend at several electronic dance music festivals, authorities said, as scrutiny mounts on the raves due to drug-related deaths in recent years. Police in Pomona, some 30 miles east of Los Angeles, arrested 310 people at the two-day HARD Day of the Dead festival, headlined by popular artists including Deadmau5 and Skrillex. REUTERS

GOOGLE DRONE IN 2017

6 Google expects to begin delivering packages to customers by unmanned aircraft sometime in 2017, an executive said. "Our goal is to have commercial business up and running in 2017," said David Vos, the project lead for Google's Project Wing. REUTERS

#VRA50

THE MARCH CONTINUES

VOTE 2016

VRA50

Procrastinator's Election Day guide

City Council candidate Andrew Stober; Councilman David Oh; Democratic City Council candidate Helen Gym; Mayoral candidate Melissa Murray Bailey CHARLES MOSTOLLER

Election Day is here. Here's what you need to know.

DAN KELLEY
@MetroPhilly
dan.kelley@metro.us

Voters are scheduled to head to the polls on Tuesday to select a new mayor.

Will you be one of them?

If history is any indicator, the answer is likely no. The top of the ticket features Democrat Jim Kenney as the overwhelming favorite against Republican Melissa Murray Bailey.

Given Kenney's sizeable registration advantage, the race isn't exactly a magnet to the polls.

But there are big decisions to be made. Here's a quick and dirty guide to the 2015 mayoral election.

Can Republicans maintain a toehold in city council?

Some members of city council represent districts. Others, called at-large members of council, represent the entire city. Under the city charter, two of these at-large seats are reserved for members of the minority party.

Most people think this means that Republicans get these at-large seats in a move to ensure some semblance of a two-party system. But Republicans aren't the only candidates who can qualify.

Enter Andrew Stober, a former member the Nutter administration who is the force behind the city's bike-sharing program. Officially, he's running as an independent, but if he wins, it would push the overall ideological composition of city council to the left.

Republican Councilmen David Oh and Dennis O'Brien are fighting to keep their seats on council against Stober's end-run at council. Also fighting for those two spots are Republicans Al Taubenberger, a former executive at the Greater Northeast Chamber of Commerce; former Ralph Lauren executive Terry Tracy; steamfitter Dan Tinney; and Green Party candidate Kristin Combs.

Supreme Court candidate Kevin Dougherty PROVIDED

Will a $10,000 lottery have an effect on turnout?

In an attempt to fight abysmal turnout, nonprofit news startup The Philadelphia Citizen has announced that a $10,000 prize will be given to a randomly selected voter.

The news site says that turnout in mayoral elections has declined from 61 percent in 1991 to 29 percent in 2007.

While increased turnout likely won't have an effect in Philadelphia, where more voters would likely mean more Democrats, it could influence elections for the Pennsylvania Supreme Court.

Three of the court's seven seats are open.

The Democrats in the race are Christine Donohue, Kevin Dougherty and David Wecht. The Republicans are Anne Covey, Michael George and Judith Olson. Donohue, Wecht and Olson have received "highly recommended" ratings from the Pennsylvania Bar Association. Covey is rated "not recommended."

Will city voters approve a permanent office of LGBT affairs?

Appearing on the ballot for the first time will be the question of whether the city should maintain a permanent office devoted to the interests of lesbian, gay, bisexual and transgendered people. This office exists now through an executive order made by Mayor Michael Nutter.

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2013 Hyundai Santa Fe $372/Month $500 Down

2015 Chevy Cruze LT $299/Month $500 Down

2007 Cadillac Escalade Platinum $349/Month

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BRIEF

SS United States raises $100k, but is it enough?

The organization that wants to save the SS United States says it has raised $100,000 from donors across the globe after it put out a public appeal to help stave off the scrap yard.

But questions remain as to whether that is enough to save the hulking ship, which has been berthed in South Philadelphia for 19 years awaiting a rehabilitation that has never come.

The SS United States Conservancy announced last month that the $60,000 per month that it costs to maintain the ship was becoming unsustainable. The conservancy said the ship could be sold for scrap.

While it is unlikely the ship will ever sail again, the conservancy is holding out hope that someone will redevelop it into a hotel, office or banquet facility. They are in talks with two parties in New York City.

SS United States MARIA S. YOUNG

The conservancy's board will meet this week to decide the ship's fate. METRO

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Khusen Akhmedov PPD

Drag racer sentenced

A man was sentenced for killing a mother and her three sons in a car crash.

DAN KELLEY
@MetroPhilly
dan.kelley@metro.us

A man who ran down a mom and her three kids during a Roosevelt Boulevard drag race was sentenced to 17 to 34 years in prison after an emotional hearing that saw tears on both sides of the courtroom.

Khusen Akhmedov took the stand to apologize to the family of Samara Banks, who was killed with three of her four sons as they tried to cross the 12-lane Roosevelt Boulevard near Rockland Street on foot at approximately 10:30 p.m. in July 2013.

"I made a lot of childish decisions," Akhmedov said, "but I'm not a killer."

Prosecutors said Akhemdov was travelling at 79 mph in a silver 2014 Audi when he hit Banks, launching her an estimated 210 feet.

Saa'sean Williams was found dead in the grassy median of the Boulevard. Saa'mir died later that night at a hospital. Saa'deem Griffin died at 4 a.m. the next morning at a hospital.

Michael Diamondstein, Akhmedov's attorney, argued that the tragedy was essentially an accident fueled by his client's immaturity — he was 23 at the time of the crash.

But prosecutors contended that Akhmedov had a long history of speeding.

In crafting his sentence, Judge Steven Geroff noted that police in Lancaster had given Akhmedov a warning for reckless driving eight days before the Roosevelt Boulevard crash.

Geroff also noted that Akhmedov had expressed concern for Banks' surviving son, a five-year-old who was with his mom at the time of her death but was not hit by the car.

In testimony that left many in the courtroom in tears, Francine Lawson, Bank's aunt, said the deaths had torn her family apart.

"Nobody wants to gather around because Samara and the kids aren't there," Lawson said. "You can't get these things back."

Akhmedov was previously sentenced to 27 months in prison in December 2014 for his role in a Medicare fraud scam that submitted more than $3.6 million in false bills to the government.

The other driver in the race, Ahmen Holloman, received a sentence of five to 10 years after pleading guilty.

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Philadelphia historical reenactors lead walking tours and portray figures like chocolate maker Mary Crathorne, seen at the Betsy Ross House. CHARLES MOSTOLLER

City eyes global historic status

Philly could be the 261st World Heritage City.

DAN KELLEY
@MetroPhilly
dan.kelley@metro.us

Philadelphia could become the first World Heritage City in the United States this week after a meeting in Peru.

A delegation of city officials traveled to South America ahead of a vote scheduled for Friday, with the expectation that the city's two-year bid to gain the status will be accepted.

There are about 260 cities across the globe — none in the United States.

Officials said the designation by the United Nations Educational, Scientific and Cultural Organization will boost the city's international brand.

The Organization of World Heritage Cities is dedicated to preserving global history and culture for future generations.

The Philadelphia delegation has focused its bid on the city's history as the birthplace of American democracy.

Independence Hall was named a UNESCO World Heritage site in 1979.

BRIEF

Man charged with false 'needle in candy' report

Gloucester Township Police Department announced Monday that Robert Ledrew was arrested and charged with lying about finding needles in Halloween candy.

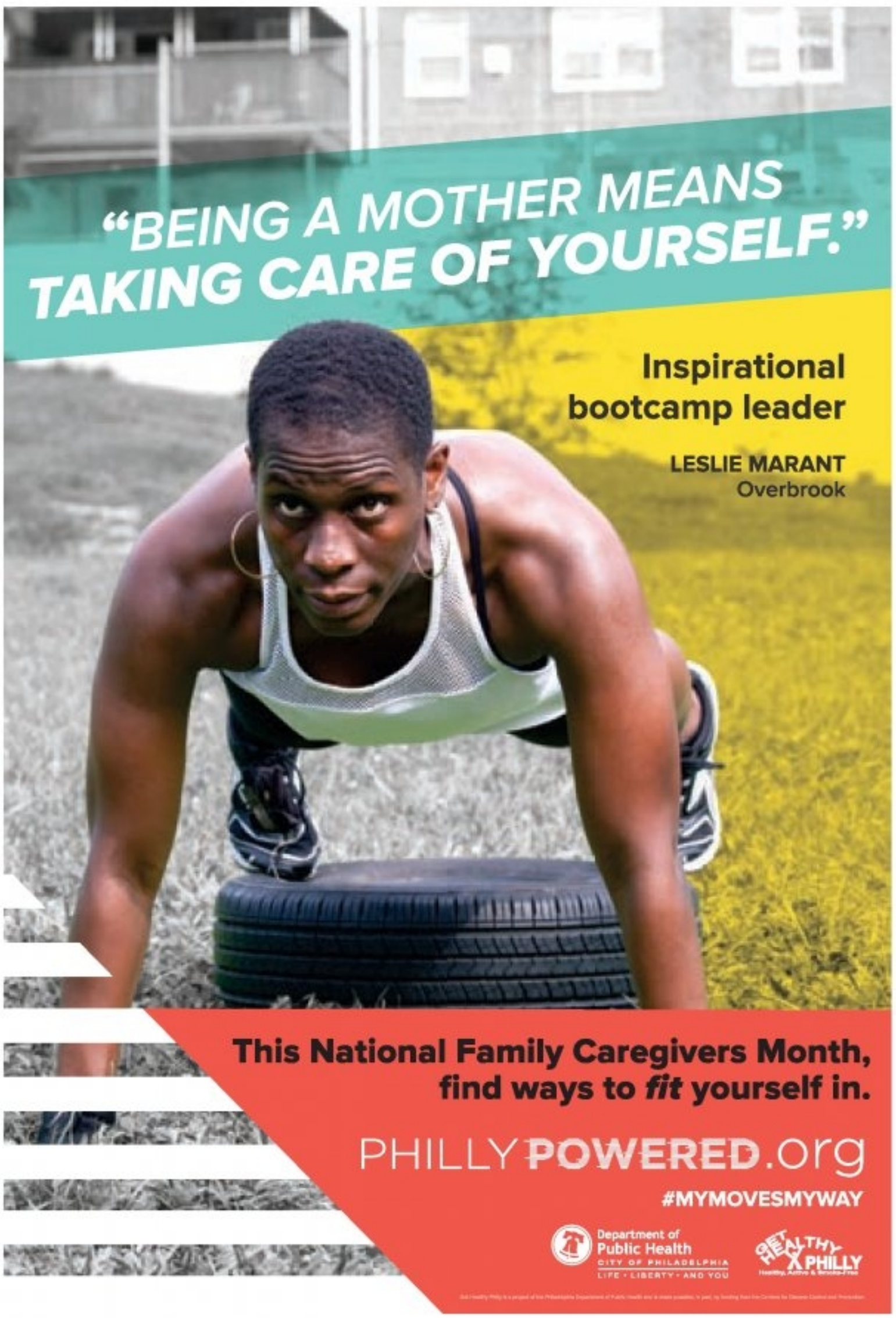
Police went to Ledrew's Blackwood, New Jersey, home for a report of Halloween candy with sewing needles in it.

Ledrew, 37, who had posted images of the candy on Facebook on Sunday, told police he found four sewing needles in four separate pieces of candy that were acquired during Halloween trick-or-treating.

"It was discovered that Robert Ledrew had made up the story and had placed the needles in the candy bars," police said. "Robert Ledrew had posted a photo of a needle and comments of the alleged incident on a Facebook page the day prior to contacting the police."

Ledrew is charged with filing a false police report.

METRO



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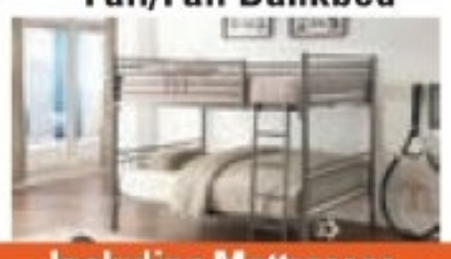

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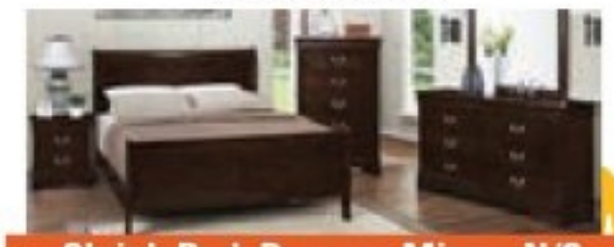

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Baby steps toward reforming forfeiture

The practice of civil forfeiture in Philly could soon be amended.

SAM NEWHOUSE
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Citizens whose lives were disrupted due to the city's civil forfeiture practices said they were relieved to see changes on the horizon after a hearing Monday.

"The nightmare is still there, it never goes away — but this is an accomplishment," said Markela Sourovelis, of Somerton, who faced potentially forfeiting her family home to the city over her son's arrest on drug sale charges.

Sourovelis and four others are the plaintiffs in a class-action lawsuit filed in 2014 against the city by the Institute for Justice, a national property rights advocacy group, claiming that civil forfeiture was unconstitutional.

Markela and her husband Christos Sourovelis faced a forfeiture proceeding after their son was arrested for selling $40 of drugs, and police came to the home and found more drugs in his room.

Their individual case was settled in December and they will keep their house, but they have continued on as plaintiffs to reform the law.

"We started it. We're gonna finish it," Christos said.

Civil forfeiture is a tool employed by the Public Nuisance Task Force of Philadelphia DA Seth Williams. The procedure was designed to give law enforcement the ability to seize properties that are involved in the drug trade.

"I've had friends that this happened to — someone needs to stand up and do something."
Geiger

But the forfeiture has also been used against property owners whose family members were charged with crimes, and against people who are not convicted of a crime.

Nassir Geiger, 34, of Northeast Philly, a plaintiff in the class-action suit, said he faced a civil forfeiture proceeding for his 2000 Buick LeSabre after he was pulled over by police and accused of drug dealing in an apparent mix-up.

He was never charged, but his car was impounded by police for a year and a half. He eventually met IJ attorneys researching civil forfeiture who helped him get his car back but had to pay $500 in storage fees.

"I didn't understand that they were seizing my car," Geiger said of the process.

City lawyers Monday had no objection to a proposed settlement under which the DA's office must provide a notice or hearing before seizing property of residents, and must not require property owners to waive constitutional rights to participate in civil forfeiture proceedings.

Markela Sourovelis and her husband Christos Sourovelis discuss the case outside federal court on Monday. CHARLES MOSTOLLER

U.S. District Judge Eduardo Robreno said after the hearing that he would issue a decision "promptly" on the proposed settlement.

Still unresolved are further issues from the lawsuit related to how the civil forfeiture proceedings themselves, currently held in room 478 of City Hall, are processed, but IJ attorney Darpana Sheth said negotiations are ongoing.

A spokesman for Williams declined to comment, citing the pending nature of the suit.

Plaintiffs in the lawsuit, even with their personal cases resolved, said they are committed to seeing forfeiture reformed.

"I'm not the only one," Geiger said. "I've had friends that this happened to. Someone needs to stand up and do something."

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Bush relaunches campaign with e-book and tour

Bush's bid for a comeback began in Tampa, Florida, with a speech marking the start of a "Jeb Can Fix It" tour.

Jeb Bush GETTY IMAGES

Republican Jeb Bush launched a campaign reboot on Monday after weeks of negative headlines to present himself as a can-do conservative who will fight what he called a "new age of cynicism" that has seeped into the 2016 presidential race.

His dismal performance at a Republican presidential candidates' debate last week in Colorado was an added burden to a candidate once considered the favorite for the Republican nomination. Now, Bush suffers drooping opinion poll numbers and fund-raising.

In his speech, Bush attempted to resurrect his image as a joyful warrior, presenting himself as a positive force who implemented conservative policies as the two-term governor of Florida from 1999-2007.

"I will do everything in my power to win this race," he said. "But there are some things I am not willing to do: I will not compromise my principles. I will not trade in an optimistic outlook to put on the cloak of an angry agitator."

Without mentioning by name the two Republican front-runners, non-politicians Donald Trump and Ben Carson, Bush sought to raise doubts about entrusting the reins of government to "someone who has never demonstrated the capacity to implement conservative ideas."

Bush also released an e-book that reveals a more personal side to a candidate who has struggled on the public stage. REUTERS

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Pentagon spends $43 million to build Afghan gas station: watchdog

The gas station in Sheberghan, Afghanistan, opened in 2012 and was created to show that compressed natural gas could be used in Afghanistan in cars.

The Pentagon GETTY IMAGES

The U.S. Department of Defense spent nearly $43 million on a gas station in northern Afghanistan and has been unable to explain why it cost so much, a U.S. special inspector reported on Monday.

The Pentagon "charged the American taxpayers $43 million for what is likely to be the world's most expensive gas station," said John Sopko, head of the Special Inspector General for Afghanistan Reconstruction (SIGAR), a congressionally mandated body. The amount was spent between 2011 and 2014 on construction and initial implementation of the station.

The gas station in Sheberghan, Afghanistan opened in 2012 and was created to show that compressed natural gas could be used in Afghanistan in cars effectively.

However, the task force behind the project closed operations in March. For that reason, according to the report, the Department of Defense said it did not possess "the personnel expertise to address these questions."

"Frankly, I find it both shocking and incredible that [the Defense Department] asserts that it no longer has any knowledge," the report said. It added that the task force reported directly to the Office of the Secretary of Defense and was an $800 million program.

The report found that a compressed natural gas filling station in neighboring Pakistan costs no more than $500,000 to construct.

That would make the gas station in Afghanistan more than 140 times more expensive.

A Defense Department spokesman said the Pentagon continues to provide access to documents to SIGAR through a reading room.

"Further, we have offered to assist SIGAR in locating and contacting any former TFBSO [Task Force for Business and Stability Operations] personnel they wish to interview," said Army Lieutenant Colonel Joe Sowers.

Nearly $110 billion have been appropriated in Washington for reconstruction in Afghanistan since 2002, when U.S. forces drove the Taliban from power for harboring militants from al Qaeda, which carried out the Sept. 11, 2001, attacks.

REUTERS

BRIEF

Ohio voters weigh legalizing recreational marijuana use

Ohio voters will decide Tuesday on whether to become the first Midwestern state to legalize the recreational use of marijuana, though a rival ballot measure could kill the law before it takes effect.

Issue 3 would add an amendment to the state constitution legalizing both personal and medical use of marijuana for those over 21 years old.

The ballot initiative was the result of a campaign that gathered more than 300,000 valid voter signatures from around the state.

If it passes, Ohio would become the fifth and largest state to legalize the recreational usage of marijuana, following Alaska, Colorado, Washington and Oregon, as well as the District of Columbia.

Ohio is considered a political bellwether — the candidate who wins Ohio usually wins the presidency. So a win for recreational marijuana in Ohio is expected to change the national conversation on legalization, according to Gary Daniels of the Ohio American Civil Liberties Union.

REUTERS

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Flight recorders show crashed Russian plane not struck from outside

The Russian plane that crashed in Egypt was not struck from the outside and the pilot did not make a distress call before it disappeared from radar, a source in the committee analyzing the flight recorders said Monday.

The source declined to give more details, but based his comments on the preliminary examination of the black boxes recovered from the Airbus A321. The plane crashed in the Sinai Peninsula on Saturday, killing all 224 people on board.

The Egyptian government said the black boxes were being examined by Egyptian and Russian experts, along with German and French specialists from Airbus and Ireland, where the aircraft was registered.

The crash site GETTY IMAGES

It said the search was continuing across the crash site. Security sources said intelligence agencies had obtained a copy of the passenger list.

Russian officials have said the plane, carrying vacationers from the Red Sea resort of Sharm el-Sheikh to St. Petersburg, likely broke up in midair, but said it was too early to say what caused the crash.

The first bodies recovered from the wreckage arrived on board a Russian government plane at St. Petersburg's Pulkovo Airport, where grieving Russians left piles of flowers.

A Reuters photographer saw a white truck leaving the airport, escorted by police cars, heading for a St. Petersburg morgue, where the bodies were to be identified. Egypt said the plane was carrying 196 bodies. A second plane was due to leave Cairo on Monday evening.

Russian President Vladimir Putin, who had declared Sunday a day of mourning, said on Monday the crash was a great tragedy.

When asked if a terrorist attack could be to blame, Putin's spokesman Dmitry Peskov said no theory could yet be ruled out. REUTERS

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Gwen Stefani and Blake Shelton were totally holding hands

ALL PHOTOS GETTY IMAGES

Freshly divorced "The Voice" judges Gwen Stefani and Blake Shelton continue to stoke rumors of interoffice romance, this time by spending some quality time together at a pair of festive Halloween bashes thrown by Jared Leto and George Clooney's tequila company — yes, you read that correctly — in Beverly Hills. "Stefani stayed for about 40 minutes [at the Clooney party], then left the house holding Shelton's hand," a source tells "Entertainment Tonight." "Shelton and Stefani apparently let go of each other's grasp, however, when they noticed a photographer in sight." Smooth move, guys. As far as costumes, maybe we can read something into the fact that Stefani dressed as a bloodied-up cowgirl — because of a new country music influence, perhaps? — while Shelton donned a poncho, a long beard and a trucker hat. I can only assume he was dressed up as … Blake Shelton.

the word

NED EHRBAR
ned.ehrbar@metro.us

Amy Schumer has the best love-life update

Amy Schumer is not just a successful comedian, actress and author. She's also an incredibly helpful information source, especially when it comes to her love life. While celebrating winning the Charlie Chaplin Brittania Award for Excellence in Comedy from BAFTA, Schumer was asked if she's currently seeing anyone, and she responded thusly: "No, my vagina remains vacant." So poetic, so straightforward. So … evocative. And how much would it take to get into said destination for a willing suitor? "At least $5."

Taylor Swift weathering dumb lawsuit

It's possible Taylor Swift won't even notice, but she's being sued by R&B singer Jesse Braham for $42 million over claims that she ripped off lyrics from his 2013 track "Haters Gone Hate" for her hit "Shake It Off," according to New York's Daily News. But don't worry, it's not going to get very far. "Mr. Braham, who is representing himself, cannot claim copyright protection for the phrases 'haters gone hate' and 'players gone play,'" a legal expert tells Perez Hilton. "The Copyright Act does not protect short phrases, and these phrases are not original to him." Despite this, Braham — who is also thinking about suing CNN for naming their morning show "New Day" — is adamant that he's in the right. "At first I was going to let it go, but this song is my song all the way," he says. Oh man, wouldn't it be hilarious if, because of that quote, he got sued by the "Frozen" folks?

DAILY VIDEO

MARIO TESTINO

Burberry goes 'Billy Elliot'

The holidays are upon us and so is Burberry's latest festive campaign, featuring Romeo Beckham for a second year in a row and paying tribute to "Billy Elliot," the classic British film that's celebrating its 15th anniversary this year. Beckham is joined by a pretty impressive cast of fellow Brits taking on the movie's iconic bed-jumping opening sequence, including James Corden, Naomi Campbell, Michelle Dockery and Rosie Huntington-Whiteley. Oh, plus appearances by Elton John and "Billy Elliot" star Julie Walters. So, feeling festive?

Hurricane Adele is real, guys, and it's coming

How do you know when your new album is a big deal? When other super-famous artists are arranging their release schedules around you. That's apparently what's been happening around the Nov. 20 drop of Adele's latest, "25," at least according to one music biz insider. "The major labels have realized it's essential they get out any big releases before then because from Nov. 20 it's likely to be about one woman only," the anonymous source breathlessly tells MSN. "That's why Justin Bieber, Kylie Minogue and One Direction are going head-to-head the week before. Usually the record companies would want a No. 1 album with artists that big, but in this case they simply want to get the album out there before Adele." She's just trying to say hello, guys.

@jimmykimmel
ugh.

@MarkRuffalo
Have a great evening or morning or wherever you find yourself in your day.

@JuddApatow
I hope one day it is a big story when I break my silence on something.

@IamDonCheadle
Uh... soft core porn Maybelline commercial??

@RuPaul
Oh BTW: Having a talented tailor is the secret weapon of every sickening glamazon

@WhitneyCummings
Dogs are the best people

Seven minutes in heaven with The Fat Jew

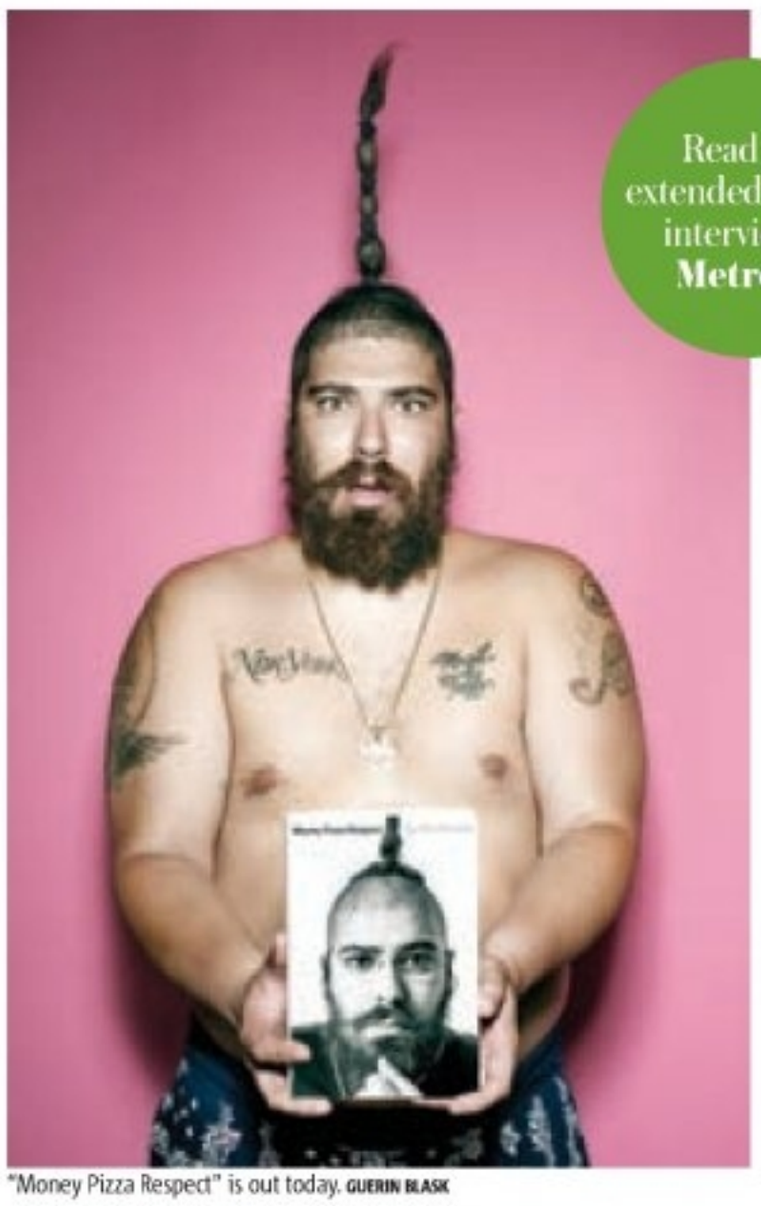
We sit down with the Instagram star to talk about the debut of his book, favorite NYC strip clubs and more.

MATT LEE
@MetroBOS
matthew.lee@metro.us

"I want to die in an arcade," Josh "The Fat Jew" Ostrovsky — who has over 6 million followers on Instagram — confesses while sitting in a nightmarish Chinatown video game arcade den with his left forearm plugged into an IV of what the nurse in attendance says is pure vitamin C.

His publicist claims it's to help fight a cold, but The Fat Jew says he's dying. I ask him if he's trying to be the center of a Lifetime movie, "The Fat Jew: Death in an Arcade."

"Totally! Who would play me?" His publicist suggests Diane Lane and The Fat Jew's eyes widen with excitement. "Diane Lane!" he exclaims.



"Money Pizza Respect" is out today. GUERIN BLASK

Read our extended NSFW interview at **Metro.us**

More pizza, more respect

The Fat Jew will probably have to put the Lifetime movie on the back burner, because he's currently thinking way more about his book, "Money Pizza Respect" (out today).

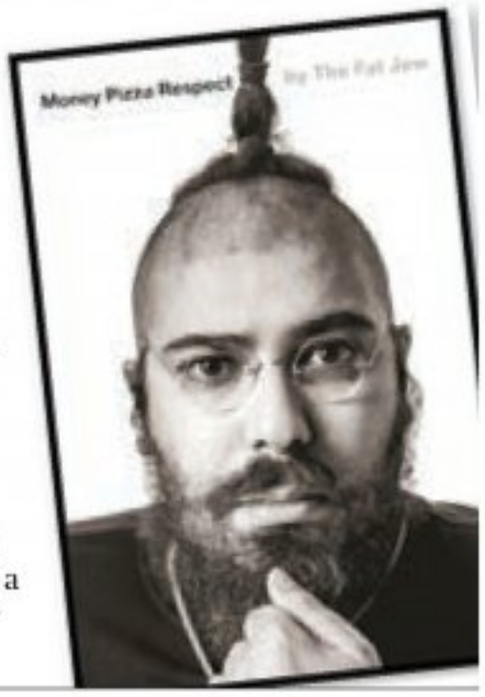
The book is a mixed bag of autobiographical stories, some Kanye West and Kim Kardashian erotica, and recipes for things like a Xanax smoothie. According to The Fat Jew, the book has shuttled him to the same level as James Joyce and John Steinbeck.

"Money Pizza Respect" is a wild ride punctuated with chapters The Fat Jew called "chill zones" because, according to him, "reading can sometimes be too much."

"It's a lot. You need to break it up. You gotta chill," The Fat Jew explains. "You read a bunch and then you get rewarded by like coloring a picture of Tyrese [Gibson] or a recipe for a Xanax smoothie. I want to make this a party. You can't be too heavy."

Connecting emotionally with strippers

Asked what his real-life chill zones are, The Fat Jew chuckles. "I like to go to Rick's Cabaret, this strip club, in the middle of the day. They do a great Caesar [salad]. I can kick back and relax. It's not too high-octane. The dancers aren't giving it their all. They're very much like, 'Uh, I'm on the day shift.' ... I don't even like lap dances. I would rather sit with a bunch of strippers and talk with them like, 'Are you still going to dental school?' I just love chatting with strippers about their hopes and dreams."



CANCER

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The creepiest Gillian

The "Gone Girl" author tells us about her new ghost story, "The Grownup," plus the eerie predictions two tarot card readers made about how she's going to die.

EMILY LAURENCE
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emily.laurence@metro.us

Good news, "Gone Girl" fans — Flynn is about to start writing a new novel.

Gillian Flynn loves a good ghost story. "I've always loved being scared," she tells us.

"Probably because I came from a very safe, Midwestern family that I could go to those scary places knowing I was going to come back to a safe place." The acclaimed author is known for spinning a chilling tale, and "The Grownup," her first ghost story, is no excep-

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Flynn interview ever

HEIDI JO BRADY

tion. She gives us more insight here.

You have a knack for writing books that mess with the reader's mind. What was your goal psychologically for the reader with "The Grownup"?
I really just wanted to try my hand at a ghost story, starting with a lighter, edgier tone and taking it to a more gothic feel where you're not sure if you're imagining what's happening or if it's really happening — that strange fear a ghost story can take you to.

What sorts of things really freak you out?
I'm not scared of spiders or anything like that, but I'm freaked out by the idea of not being safe in your own house. … The first three novels I wrote were all about the danger inside your house, the place where you should feel the safest. "The Grownup" is about the danger right outside of your house.

In the book, the protagonist uses her people-reading skills to become a "psychic." Have you ever been to a psychic?
No, but I've been to tarot card readers. I've been to two in [completely] different cities, and they both said ultimately I was going to kill myself after a tragedy involving water. The specificity of that really freaked me out so I have not been to one since.

"Gone Girl" was such a massive success. Has that changed the way you write now?
I hope not. I'm getting ready to start my next novel, and I try not to have those voices in my head about trying to make it too much like "Gone Girl" or not enough like "Gone Girl." I just want to write the book I want to write and not worry if it does as well as "Gone Girl." I don't think any book I ever write will. That was a lightning in a bottle sort of thing.

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Jojo: 'I get what my older songs are about now'

The pop singer opens up about her relationship woes, record label drama and starting a new chapter in her music career.

EMILY LAURENCE
@EmLaurence
emily.laurence@metro.us

"I was wicked surprised!" Jojo says of all the attention her "When Love Hurts" music video received when it was released. PROVIDED

Jojo in concert

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Many people still think of Jojo as the tween from her "Too Little Too Late" days, but the pop singer is back and getting attention from both her old fans and new ones.

After a seven-year battle with her former label, which would not release her third album, Jojo has a new deal with Atlantic Records, three new songs and a new full album in the works. "I try not to think of it as being burned but as just part of my journey," she says of the industry drama. "It gave me an edge and ability to be equipped this time around."

On ex-boyfriends

Jojo tells us she was going through a breakup when she started working on the new songs.

"I was in a state of high emotion when I started recording," she says. Her music has always been influenced by her love life, which she admits isn't always a good thing.

"Sometimes I stay in situations longer for material and for the emotions they bring up," the 24-year-old says.

"As I get older, I realize that's not really good. I need to chill. But the content it creates is sometimes worth the struggle."

Going viral

In just three weeks, the "When Love Hurts" music video, her current single, racked up well over a million views, and Jojo says she was shocked by all the attention.

"I was wicked surprised! I was scared and wasn't sure what the response was going to be, but it's an incredible feeling knowing when I go [on tour] I'll see so many familiar and new faces."

Jojo's excited about the new songs, but she doesn't mind taking a trip down memory lane. "I actually enjoy performing [them] more now," she says.

"I didn't love 'Leave (Get Out)' when I put it out, and now that I'm older and I've loved, it has a new meaning for me. I've definitely kicked somebody out of my house, so I get it now!"

How to get Jojo's killer abs

Jojo rocks a crop top in the "When Love Hurts" music video, and it's easy to see why — she's in sick shape. Here, she shares her three best workout tips.

YOUTUBE/JOJO

1. Vary your workout. "I have fun trying out different workouts. I do CrossFit and belong to a gym, where I do cardio intervals."

2. Incorporate weights. "Holding a weighted bar or weighted plate is good for deepening cuts. I feel strong when my core is strong."

3. Try active resistance training. "I like working against my natural weight to tone."

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In "Our Brand Is Crisis," Scoot McNairy (with Sandra Bullock and Ann Dowd) plays an ad guy who finds himself working a political campaign in Bolivia. WARNER BROS. PICTURES

Scoot McNairy likes mistakes

The "Our Brand Is Crisis" actor says Sandra Bullock and David Gordon Green are great leaders.

MATT PRIGGE
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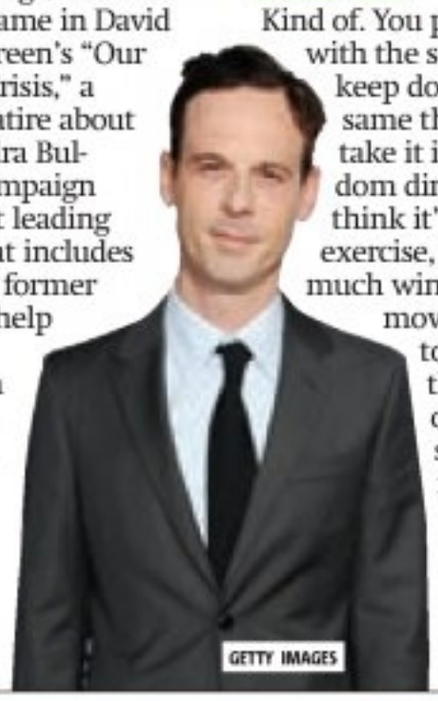
matt.prigge@metro.us

Since breaking through in indies like "In Search of a Midnight Kiss" and "Monsters," Scoot McNairy has established himself as one of movies' go-to character actors. In addition to his stint on "Halt and Catch Fire," he regularly steals scenes in "Argo," "12 Years a Slave" and "Gone Girl," among others. He does the same in David Gordon Green's "Our Brand Is Crisis," a political satire about Jane (Sandra Bullock), a campaign consultant leading a team that includes McNairy's former ad guy to help save the re-election campaign of a hated Bolivian president (Joaquim de Almeida).



GETTY IMAGES

On politics

How much did you view this as a political film? Like "Veep," this is also very much about workaholics.

Politics can certainly be funny. Donald Trump has been incredibly entertaining. But with this film, I think politics is really the backdrop. I felt going into this that I was doing a political movie, but through shooting it and all the conversations we had, it now feels like it could have been set in any industry. It's less about politics and more about people and what it's like to win and what it's like to go after something, regardless of the outcome.

Director David Gordon Green's smaller indies have this very handmade quality to them. Do you sense he has to change much when working on a studio film?

Kind of. You play around with the scenes. You keep doing the same thing and take it in some random direction. You think it's just an exercise, but then so much winds up in the movie. He likes to explore the oddities of these scenes, find out how weird they can be. What David likes more than anything is when actors make mistakes. He creates an environment where we can make mistakes.

David described your character as the most arrogant character in the movie. He has this exasperated quality, like he's a fish very unhappy about being out of water.

He is a fish out of water. He's an ad guy. He's really there to set up the commercials and take care of the billboards. But it's his first time on a political campaign. In his mind, he think it's the exact same game, that it's just a different product he's selling. But he cannot keep up with Jane. He's very tone-deaf to what's going on around him.

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Aries If you manage your time carefully, a setback won't tax your progress. You will have a false impression of someone who could help you out.

Taurus Resolve a misunderstanding before agreeing to a partnership. Don't listen to rumors. It's essential that you realize what is expected of you.

Gemini Let others see your affectionate side. Your family may be feeling unappreciated if you haven't been sharing your thoughts or time.

Cancer A new relationship will be an eye opener. A change of scenery will be refreshing. Making vacation plans now will give you a strong incentive to save.

Leo Attention to detail will be necessary before you make a change in direction. Avoid taking on too many tasks at the same time.

Virgo Volunteer work will be satisfying and appreciated. Strangers will become friends and personal relationships will be strengthened if you share concerns.

Libra Your desire for residential updates will add to your stress if you are not prudent. Keep tabs on contractors and renovating or remodeling costs.

Scorpio Don't do anything until you have weighed the consequences. Reveal just enough information to entice without giving away your game plan.

Sagittarius Don't be limited by the perceptions of others. Look into unorthodox ways of marketing your skills and ideas. Joint ventures look promising.

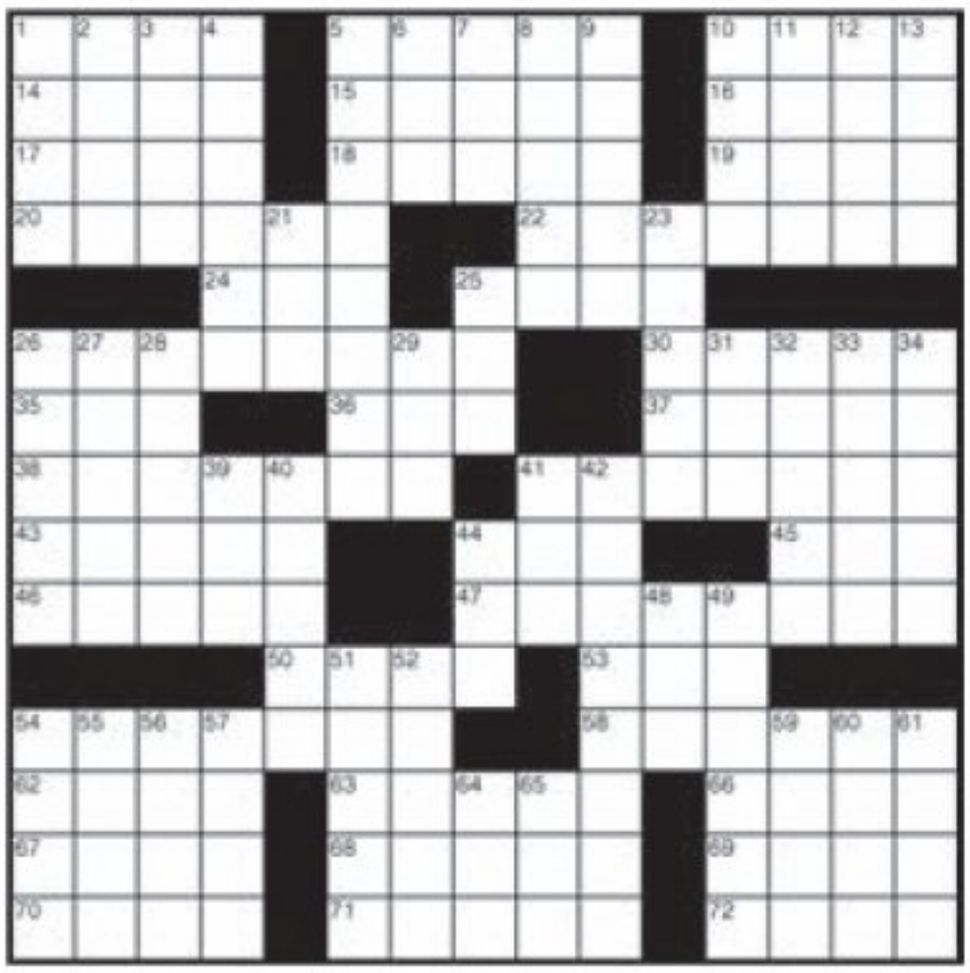
Capricorn It's OK to rely on others, but the ultimate result must be of your own doing if you are to receive the recognition you desire.

Aquarius Don't rely on secondhand information. Do some investigative work on your own if you want to know the whole story.

Pisces Keep an eye on your cash. Disregard for saving will cause a serious depletion in your financial future.

EUGENIA LAST

metro.us/crossword



Across

1 Young kangaroo
5 Lower jaws
10 Food
14 Linchpin locale
15 Just right
16 Drone's home
17 Belly dancer's "must"
18 Flat broke
19 Luau strummers
20 Not digital
22 Sulfur or iron
24 Yoko —
25 Novelist – Seton
26 Enjoying the mall
30 Involuntary jump
35 Gotcha!
36 Neptune's realm
37 Kind of beaver
38 Halloween need
41 Sweet wine
43 Pizza topping
44 Unit of work
45 Produce an egg
46 Twig-and-mud homes
47 Bleaches
50 Of an epoch
53 Narrow inlet
54 Toughed it out
58 Babylonian love goddess
62 So-so grades
63 Estimate
66 Kansas town
67 Long-handled tool
68 Happy occasion, for short
69 "Little piggies"
70 All-purpose vehicles
71 Find quarters
72 Rainfall measure

Down

1 Diner coffee
2 Draft animals
3 Director — Kazan
4 Cheerful color
5 Extreme flag-waving
6 Poetic tribute
7 Microscopic
8 Weighed down
9 Furtively
10 Good friend
11 Walk
12 Type of mitt
13 It once was wild
21 Switch positions
23 Cut some slack
25 Ottoman official
26 Part of BLT
27 Geneva's river
28 Caravan halt
29 Born as
31 — kwon do
32 Lithe
33 Played again
34 Room-service servers
39 Jigger
40 Auto-racing family
41 Hi-tech scan
42 Hurt someone's feelings
44 Pipe bend
48 Not hers
49 Gauguin's island
51 Queenly
52 Bell town of fiction
54 Neutral color
55 Orderly
56 Hockey feint
57 Depletes
59 Cel character
60 Guinness or Baldwin
61 Headstrong
64 Berlin conjunction
65 Club stint

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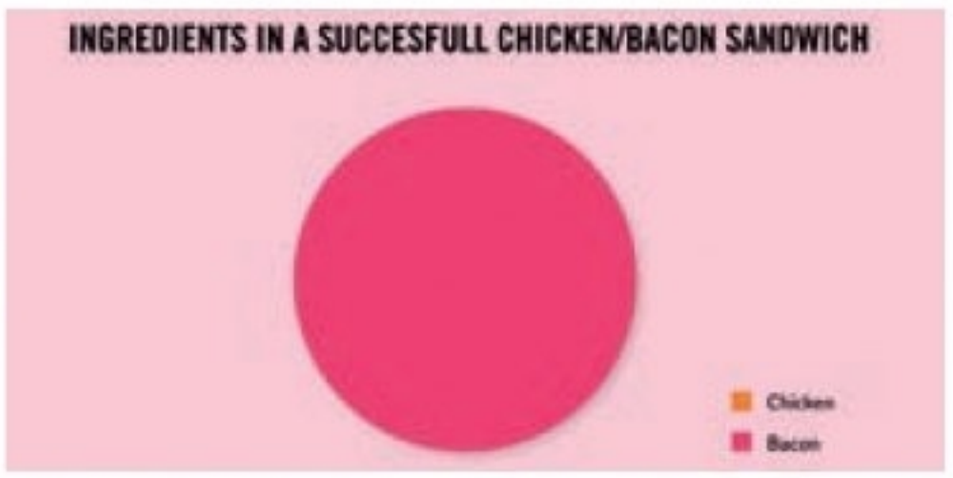

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easy

8							1	5
6	9		1		3			2
2			7			8		
			4	7				
	7		9		8		4	
				3	5			
		8			2			4
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hard

3	9				1			
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		4	3	6		9		7
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			1				8	9

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Find your fall fitness inspiration

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ELODIE NOËL

Instagram: @catmeffan

CATMEFFAN, INSTAGRAM

I am...
Cat Meffan, a U.K. health and fitness blogger and jewelry designer. As an ex-gymnast and dancer, I have found a new passion for yoga and all things bendy.

I am on Instagram because...
In the beginning, I used Instagram as a way of motivating myself to eat well, try new workouts, and as an excuse to buy new activewear. From that, it has evolved into what I hope is a page to inspire and motivate others through doing the things I love most.

Follow me for...
Fitness, yoga and health inspiration, with hopefully a few laughs along the way. I am very real with my followers, talking about times when I feel unmotivated, my injuries and some fitness fails! I like to chat about progress and how health and fitness is a journey that constantly changes along with our mind-sets.

My motto is...
"You can't rush something you want to last forever." After being the girl who tried every new fad diet and fitness craze out there, I realized there was so much more to it than that. For me, being fit and healthy is a lifestyle, and one that I enjoy every second of.

Instagram: @mynameisjessamyn

MYNAMEISJESSAMYN, INSTAGRAM

I am...
Jessamyn Stanley, a 28-year-old body-positive yoga teacher, writer and advocate. While I was in graduate school, I went to our local Bikram yoga studio and I was surprised to discover that yoga provided an unspeakable level of relief for me.

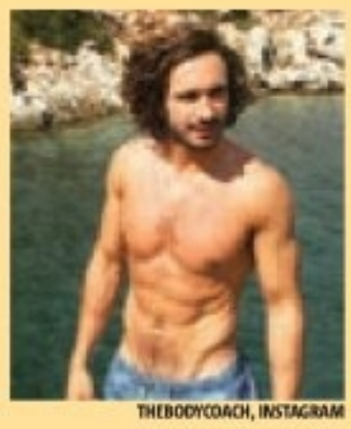
I am on Instagram because...
I began documenting my yoga practice on Instagram simply so I could track my alignment when practicing at home. It's also a great goal-setting mechanism – photographing my yoga practice anchored my home practice into a daily essential for my life.

Follow me for...
I'm not really concerned with gaining more followers — who knows if social media will even be a "thing" in two to three years? I'm concerned about fostering change; I want to see more fat-bodied people living comfortably in their own skin and completely shame-free.

My motto is...
"Esse quam videri" — it means "to be, rather than to seem." In addition to being my home state of North Carolina's state motto, it's also a reminder to remain authentic.

My fave Instagram post is...
A few moments from my home practice when I found balance [on my head] without expecting it. This encapsulates the reason I will never stop practicing yoga – because no matter what, even when I doubt myself, I always have the capacity to exceed my wildest expectations.

Instagram: @TheBodyCoach



THEBODYCOACH, INSTAGRAM

I am...
That curly-haired guy shouting about midget trees [broccoli].

I am on Instagram because...
It's just a great platform to share ideas. I wanted to create a space that made it easy for people to be healthy, to eat right and to realize the body they want is achievable.

Follow me for...
Fun advice that puts some creativity and pleasure back into your diet and fitness plan. I get a lot of people asking me why they aren't losing weight, and I think it is really sad that we have been conditioned to under-eat, especially when trying shape up. That's something I want to educate people about — you can't train hard without the right fuel inside you.

My motto is...
"Prep like a boss!" If you are really serious about getting lean, preparation is key. You've got to set aside time to plan and prep the food you'll eat over the next few days.

Instagram: @amandabisk

AMANDABISK, INSTAGRAM

I am...
A former Australian elite pole-vaulter from Perth, Western Australia. I spent most of my life as a professional sports person until 2011 when I was diagnosed with chronic fatigue syndrome.

I am on Instagram because...
I wanted to document my journey [dealing with] chronic fatigue. It was a space where I could share what I was learning and what really helped me through recovery. I want it to be a positive and motivating place for people to come and feel inspired to live their healthiest and happiest life.

My motto is...
"Everyday is your chance to do something great for yourself and those around you. Happiness and positivity spreads like wildfire and it is contagious! All it takes is for you to light the spark."

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Pumpkin season is not over yet

Why you should make the fruit (yes, fruit!) part of your holiday table.

ELODIE NOËL
Metro World News
letters@metro.us

Pumpkin is the seasonal treat that loves you back. "EAT CLEAN, STAY LEAN"

These late fall days are brightened by pumpkin treats like lattes and pies. The naturally sweet gourd is hearty, too, making it versatile enough for savory dishes and desserts — and as nutritionist Libby Limon tells us, there are plenty of reasons to load up even after Halloween.

Lose weight: Pumpkin is a great source of fiber, with 3 grams per half cup. "Fiber makes you feel fuller for longer, helping control appetite, plus it helps bowel function and motility," says the expert. As a prebiotic, pumpkin also contributes to a healthy microbiome.

Clearer skin: The orange color of pumpkins comes from lots of beta-carotene, which is good for your eyes — but its benefits don't end there. "High levels of beta-carotene have also been found to help protect those with fair skin against sunburn. It is the precursor for vitamin A, which is needed for healthy skin, especially healing in conditions such as acne, eczema and psoriasis and cold sores," Limon adds. A diet rich in beta-carotenes has been shown to be protective against many cancers, especially lung cancer.

Better sleep: Pumpkin seeds are a great source of tryptophan, an amino acid that functions as the precursor to both serotonin and melatonin. "Serotonin is your 'feel-good' neurotransmitter needed for good mood, and melatonin is your sleep hormone," the nutritionist adds.

Tempeh Curry with Cauliflower

By Wendy Bazilian, co-author of "Eat Clean, Stay Lean: 300 Real Foods and Recipes for Lifelong Health and Lasting Weight Loss"

Ingredients
- 1 cup coconut milk
- 1 can (15 ounces) unsweetened pumpkin puree
- 2 cups vegetable broth
- 1 inch fresh ginger, peeled and grated
- 2 tbsp curry powder
- 1/2 cup chopped onion
- 1 large russet (baking) potato, diced with skin on
- 1/2 head cauliflower, broken into florets
- 1 package (8 ounces) tempeh, cut into 1/2-inch squares
- 2 cups green peas, thawed
- 1 cup cooked rice
- fresh basil leaves

Directions
Combine the coconut milk, pumpkin puree, broth, ginger, curry powder and onion in a large slow cooker. Add the potato, cauliflower and tempeh, stirring to coat in the sauce. Cover and cook on low for seven hours. Fold in the peas and serve over rice. Garnish with basil leaves.

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The Eagles picked up ground in the NFC East by doing absolutely nothing this week. GETTY IMAGES

The Eagles' best Sunday of the season was the one they didn't play. The Giants gave up seven touchdowns to Drew Brees. The Cowboys lost their fifth straight without Tony Romo. No Eagle was injured. Sam Bradford didn't throw an interception.

Sunday showed that no other NFC East team is capable of finishing above .500. Meanwhile, the Eagles' next four opponents have a combined 9-20 record. Chip Kelly's slow-starting boys have been tossed their golden chance — assuming they don't drop it.

Speaking of the Cowboys, have they ever been more loathsome? One week, woman-beater Greg Hardy assaults an assistant coach. The next, Dez Bryant appears to taunt an opponent lying concussed on the field. We've always despised Dallas as the natural rival, but Jerry Jones' enabling of creeps ("That's the kind of leadership we're looking for!") makes our animus that much easier.

Of course, now the Eagles need to win in Dallas on Sunday. I wish my confidence level were higher than 6 out of 10.

More Macnow

Temple football hangs tough

Temple's near-win against Notre Dame was a great moment for the university and the city. But at the end, I couldn't help but think I had seen this before.

Let's see ... scrappy Philly underdog gets the unexpected big-time shot. Hangs in early against a world-class foe. Wins over the crowd. Fights from behind to shockingly grab the late lead. Ultimately, just can't keep up with the high-pedigree opponent, but loses with pride.

Of course. Temple-ND was just one more remake of the original "Rocky," right up to the point where our battered hero remains standing at the end. As a fan, I admire what the Owls accomplished. As a Philadelphian, I just wish we didn't relive this plot line again and again and again. Who knew that Sylvester Stallone's great movie (his only great movie) would condemn us to a lifetime of near misses?

Will the real Flyers please stand up?

It's too early to gauge what the Flyers are under new coach Dave Hakstol. Certainly, it's aggravating to watch them follow wins over the Blackhawks, Bruins and Rangers with three straight losses to inferior opponents. Hakstol needs to figure out how to get full effort from his mediocre squad in every game.

One problem has been Jakub Voracek, who has no goals and just three assists through 10 games. I assume he'll rebound from this famine (as Claude Giroux did two seasons ago). But I'll remain on record as a critic of the eight-year, $66 million deal the Flyers signed him to last summer. Voracek's career hasn't hit the level of Corey Perry, Patrick Kane and Phil Kessel — other wingers paid at that level.

Same old Sixers

While the Flyers should improve this season, there's no sense of that from the Sixers. Jahlil Okafor, Nerlens Noel and Nik Stauskas are surrounded by guys who couldn't make your local YMCA team. Expect another 60-plus losses. But, hey, at least the new uniforms look nice.

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NBA power rankings | by James Toscano

No. 1

Warriors (3-0)

OK, so there appears to be no Finals hangover for Stephen Curry. The Warriors superstar shooter looks like he's just throwing a ball into the ocean so far. He's averaging a staggering 39.3 points per game.

No. 2

Spurs (2-1)

Spurs are gonna Spur. It really doesn't matter what their regular season record is. If they're healthy going into the playoffs, they're the most dangerous team. And they added LaMarcus Aldridge and David West to get even better.

No. 3

Cavaliers (2-1)

As long as LeBron James is healthy for the Cavaliers, this team is going to be in it until the end. It's that simple. That's why Kevin Love chose to re-sign, right? They have an easy week, facing the 76ers twice and the Knicks once.

No. 4

Clippers (3-0)

There's no questioning the Clippers are one of the deepest teams in the NBA this season. DeAndre Jordan returned and they added Paul Pierce, Lance Stephenson and Josh Smith. Doc Rivers could have his hands full with that locker room.

No. 5

Thunder (3-0)

So much focus has been on whether or not Kevin Durant will leave Oklahoma City at the end of the season. Hopefully that doesn't take away from what looks to be a good season for the now-healthy Thunder.

No. 6

Raptors (3-0)

"We the North" is the Toronto Raptors' slogan, and they're starting the year north in the standings. Signing DeMarre Carroll was huge. But the word is Amir Johnson was the heart and soul of that squad.

No. 7

Grizzlies (2-1)

A 30-point blowout loss at home against the Cavaliers is no way to start the season — and extremely uncharacteristic of a team that's been a tough matchup over the last few seasons. They're in the midst of a long road trip against West Coast teams.

No. 8

Bulls (3-1)

The Bulls have the talent — they always have. But the question is whether or not they can stay healthy. Between Derrick Rose, Joakim Noah and Pau Gasol, that won't be an easy thing to do. New coach Fred Hoiberg will need a lot out of Jimmy Butler.

No. 9

Wizards (2-1)

Kevin Durant or not, the Wizards are set up for a nice future behind the guard play of John Wall and Bradley Beal. That said, there's no excuse to lose to the Knicks at home. It gets a lot harder with the Spurs coming into town next.

No. 10

Rockets (0-3)

OK, what's going on with the Rockets? They've lost three games all by 20 points. The first two came at home and the latest one against the Heat after they led by 21 points in the second half. That's a 41-point turnaround — almost impossible to do.

No. 11

Hawks (3-1)

The Hawks were an unstoppable machine last year during the regular season. But like most machines, when a piece breaks the whole thing shuts down. Injuries hurt Atlanta in the postseason.

No. 30

76ers (0-2)

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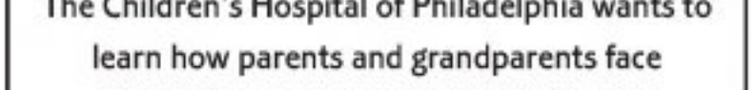

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LEGAL NOTICES

PURSUANT TO THE LAND RECYCLING AND ENVIRONMENTAL REMEDIATION STANDARDS ACT

The act of May 19, 1995, P.L. 4, No. 1995-2, notice is hereby given that RKP B, LLC has submitted to the Pennsylvania Department of Environmental Protection a Notice of Intent to Remediate (NIR) for a site at 709-719 South 50th Street, City of Philadelphia, Philadelphia County. The NIR states that the property is nonresidential. Impacts to subsurface soil quality have been detected at the site. Compounds detected in soil at concentrations exceeding residential Statewide Health Standards (SHS) include naphthalene, 1,2,4-trimethylbenzene (TMB), 1,3,5-TMB, polycyclic aromatic hydrocarbons, and lead. Compounds exceeding nonresidential SHS were limited to naphthalene and lead in one soil sample. Remediation measures are likely to be limited to capping soils. Future use of the property will be nonresidential, though some residential use is possible. RKP B, LLC plans to use site-specific standards at the site. The Act provides for a 30-day public comment period, initiated with the publication of this notice. Until December 3, 2015, the City of Philadelphia may submit a request to RKP B, LLC to be involved in the development of remediation and reuse plans for the site and/or to develop and implement a public involvement plan. Copies of these requests and of any comments also should be submitted to: Environmental Cleanup and Brownfields Manager, Pennsylvania Department of Environmental Protection, Southeast Region, 2 East Main Street, Norristown, PA 19401.

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